



**Prescription Drug Core Group Meeting
February 28, 2017
1:00 p.m.**

**Governor's Office of Youth, Faith and Family – Conference Room B
1700 West Washington Street, Suite 230, Phoenix, Arizona 85007**

A general meeting of the Prescription Drug Core Group was convened on February 28, 2017 at the Governor's Office of Youth, Faith and Family, Conference Room B, 1700 West Washington Street, Suite 230 Phoenix, Arizona 85007.

Members Present (7)	
Sheila Sjolander, Chairman, Arizona Department of Health Services	
Deborah Miller, Co-Chair, Governor's Office of Youth, Faith and Family	
Elizabeth Dodge, Arizona Board of Pharmacy	
Tomi St. Mars, Arizona Department of Health Services (via phone)	
Jacqueline Kurth, Industrial Commission of Arizona	
Travis Williams, Arizona Attorney General's Office	
Michelle Skurka, Arizona Health Care Cost Containment System	
Staff/Guests Present (9)	Members Absent (4)
Sonya Pierce-Johnson, Governor's Office of Youth, Faith and Family	Brett Klein, High Intensity Drug Trafficking Area
Lindsay Cotton, Governor's Office of Youth, Faith and Family	Chief Thomas Kelly, Apache Junction Police Department
Lacie Ampadu, Arizona Department of Health Services	Carlena Orosco, Arizona Criminal Justice Commission
Tracy Cruickshank, Maricopa County Department of Public Health	Jenna Jones, Arizona Board of Osteopathic Examiners
Keith Walker, Maricopa County Department of Public Health	
Sarah Wharton, SAS	
Sara Rumann, Arizona Department of Health Services	
Cindi Hunter, Arizona Board of Pharmacy	
Ted Huntington, ICAN, CCYAS	

Call to Order

- **Sheila Sjolander, Chairman**, called the Prescription Drug Core Group meeting to order at 1:05 p.m. with 7 members, 9 staff and guests present.

Welcome/Introductions

- **Sheila Sjolander, Chairman** welcomed everyone and asked them to introduce themselves.

Approval of Minutes

- Minutes for the meeting held January 31, 2017 were reviewed. **Michelle Skurka**, made a motion to approve the minutes as amended, with correction noted. The motion was seconded by **Elizabeth Dodge** and approved by all.

Task Force on Preventing Prenatal Exposure to Alcohol & Other Drugs Presentation-Overview, Guidelines, and NAS Brochure:

- **Sara Rumann**, shared with the core group the history behind the Arizona Statewide Task Force on Preventing Prenatal Exposure to Alcohol and Other Drugs. This taskforce was appointment in 2005 by the

then Governor Napolitano. It was chaired by Senator Linda Lopez and Cynthia Beckett. The Membership consisted of state and community agencies, health care providers and behavioral health treatment providers. It is an all-volunteer membership.

- The primary goal of this task force is to identify gaps in resources, as well as solutions to issues affecting women, children and families at risk for prenatal substance abuse.
- The task force strategic goals for 2015-2020 are as follows:
 - Work with providers and stakeholders to appropriately identify substance exposed newborns in an effort to obtain a more accurate baseline of the incidence of SEN.
 - Raise awareness and understanding of the risks and effects of prenatal exposure to alcohol and other drugs for families and communities.
 - Create optimal opportunity for engagement in effective interventions and services for all women of reproductive age in Arizona.
 - Promote successful outcomes for those individuals affected by SEN in Arizona.
 - Strengthen the Task Force and elevate its standing so it can better carry out its mission and achieve its goals.

These 5 strategic goals overlap with some of the core group plans.

- The task force accomplishments are as follows:
 - 2008-2012 – Acted as an Advisory Group for the ADHS FASD Prevention Project
 - 2014 – AmeriCorps Volunteers through Easter Seals Blake provide assistance
 - Website developed by AmeriCorps volunteer 2015 www.azprenatal.wixsite.com/taskforce
 - 2014 - Developed and continue to maintain a Speakers Bureau
 - 2015 - Developed a new 5 year Strategic Plan with assistance from BWCH/MCH funding
 - 2016 – Revised the Guidelines for Identifying Substance-Exposed Newborns
 - 2016 – Co-Chair Cindy Beckett serves on Governor’s Arizona Substance Abuse Task Force and NAS Work Group

- In addition to the overview of the task force, two handouts were provided to the core group. The first “Healthy Outcomes for Mom and Baby” is a provider guideline for Assessment and Management of Pregnant Women and Infants developed by the Arizona Statewide Task Force. The second handout, provided information on having a healthy baby, where to go for help, how to safely dispose prescription medications and ways to prevent NAS. A recommendation was made by Jacqueline Kurth, to add these handouts and brochures to the toolkit. The motion was seconded by Elizabeth Dodge and approved by all.

- All core members were invited to attend the next task force meeting on Monday, March 6, 2017. Deborahrah Miller advised Sara Ruman about a possible symposium and will forward her contact information as a possible presenter for the symposium.

Introduction to AZ RX Toolkit Power Point Presentation:

- **Tracy Cruickshank and Keith Walker**, shared the RX Toolkit power point presentation with the core group. The Maricopa County Department of Public Health created the power point based on work done by the Pima County Health Department. The power point will be used to target audiences so they can understand how to use the toolkit and know what resources are available. Recommendations from the Core Group included:
 - **Strategy 1: Reduce Illicit Access and Diversion of Rx Drugs**
 - Add the website www.dumpthedrugsaz.org to show where the drop boxes are located.

 - **Strategy 2: Promote Responsible Prescribing and Dispensing Policies and Practices**
 - The guidelines available under this strategy are key information.
 - Add the link to the CSPMP to certain areas under this strategy.

- Take out Veterinarians since they are excluded from CSPMP and add Medical Practitioners, since this will include Physician Assistants, etc.
 - **Strategy 3: Enhance Rx Drug Practice and Policies in Law Enforcement**
 - Add the Attorney General's Office logo. It was recommended to call the Highway Safety Office to determine if they are still providing education/training.
 - **Strategy 4: Increase Public Awareness and Patient Education About Rx Drug Misuse:**
 - Key take away from this strategy is to make sure that everyone knows that the RX 360 is available.
 - Add the COX videos
 - **Additional Rx Resources**
 - Add a description for the links under this section.
- **Sheila Sjolander, Chairman** recommended color coding the power point to match the hard copy color coding of the toolkit. **Deborah Miller** will send an electronic copy of a presentation to Keith Walker so he can see how the color coding was done in a previous presentation.

RX Core Group Opiate STR Grant Update

Deborah Miller, Co-Chair shared that collectively ADHS, GOYFF and AHCCCS collaborated on applying for this grant. The grant is for 12 million for 2 year time period. GOYFF asked for an FTE position that will work at providing training of the toolkit, technical assistance, and will be the point of contact for the Rx Core Group. The grant will also provide funding to support the SBIRT at the 3 state universities and the expansion of drop boxes into rural areas.

Sheila Sjolander, Chairman shared that ADHS is also asking for an FTE position under this grant, an Epidemiologist to work on data relating to opioid abuse, need assessments, etc. They would also like to support a pilot program on hospital discharge planning.

Michelle Skurka, shared that AHCCCS will hold the STR Grant Contract. AHCCCS will focus on the needs/capacity assessment, prevention i.e. toolkit training, naloxone kits, treatment i.e. MAT, improving access to treatment, increase peer support services.

Revised Implementation Plan

- **Sheila Sjolander, Chairman**, shared with the core group that during the last meeting in January the group went over the implementation plan and we will continue to work on the revisions. The following are recommendations:
 - Remove the language around strategy 3 "dump the drug"
 - Add action item for working on Chronic Pain, non-opioid level
 - Add the Governor's opioid goal to the plan
 - Add action item around Naloxone
 - Add action item around Workers Compensation
 - Add limits to the prescribing practices
 - New Law Enforcement Training

The core group will have until March 15th to provide feedback and at the March meeting the recommendations will be discussed and approved.

Hospital Discharge Planning

- **Sheila Sjolander, Chairman**, shared with the core group, a handout on "preventing overdose from a hospital setting." The handout focused on ADHS and the AHCCCS recommendation on discharge guidelines in hopes of establishing best practices. A meeting is scheduled for March 29, 2017 with hospital staff to talk about potential guidelines and processes/best practices. ADHS is working with 2 major hospital associations to try and gather as

much information as possible. Ms. Sjolander requested if anyone has ideas or knows of any other innovative ideas to let her know about them. One idea is to ensure patients at risk of overdose leave the hospitals with Naloxone.

Agency / Partner Updates

- **Deborrah Miller** informed the group that the GOYFF has an AmeriCorps Vista who is assigned to the core group, her name is Lindsay Cotton. Lindsay is already working on data collection and has met with ADJC. Ms. Miller also spoke briefly about the GOYFF "it matters campaign", the 3 areas that will be addressed are alcohol, marijuana, and prescription drugs. GOYFF continues to need more information on events/trainings for the RethinkRxAbuse website, Ms. Miller requested that members please provide event information to her so it can be added to the calendar.
- **Elizabeth Dodge** shared that her department is still transitioning into their new system. They will start integration process with all doctors. Their plan is to get the licensing boards to make it more automated.
- **Michelle Skurka** shared that AHCCCS is overseeing 7 grants, offering trainings on youth grant, treatment, self-care, etc. She will provide data on Sonora Prevention Works and how they are doing as a contractor with AHCCCS.
- **Tomi St. Mars** informed the group that she attended AZ Post Naloxone training on 2/16/17 and 20 people were in attendance. Sonoran Health is also doing training and doing amazing work in the community. Ms. St. Mars also reported that ADHS has a small group that is planning a summit for 5/31/17, a think tank, where people will talk about how we advance our thinking around chronic pain and how the community is addressing it. They are working with the health care community at looking at alternatives.
- **Jacqueline Kurth** informed the group that her agency continues to increase the awareness on treatment guidelines and workers compensation.
- **Travis Williams** shared that the Attorney General's Office conducted prescription drug investigation training with HIDTA, the DEA, and the Pharmacy Board set in the last class and it was well received. The plan is to take this class on the road 6/8/17 to Sierra Vista.

Future Meeting Dates

- Next meeting is scheduled for:
 - Tuesday, March 28, 2017 from 1:00pm to 3:00pm.

Future Agenda Items

- **Tomi St. Mars**, update on Naloxone from AZ Post perspective
- **Michelle Skurka**, will share the data from Sonora Prevention Works on Naloxone
- Permanent Drop Box Process, refine where the sites are located
- Revised Implementation Plan
- Attorney General Office-overview of HIDTA trainings
- Ramping up outreach to pharmacies on naloxone.

Adjourn

- **Sheila Sjolander, Chair**, called for a motion to adjourn.

Ms. Kurth moved to adjourn the meeting at 2:28 pm. Motion was seconded by Travis Williams. Meeting was adjourned at 2:28 pm.